



Four Streams Coaching

Learning Philosophy:

We glean from four disciplines to create a superior coaching technique. Neuroscience, Positive Psychology, Worldview, and Transformational Coaching all come together in our program to create a method that is effective, repeatable, and accessible to everyone. We want to invite you to see how we empower individuals, teams, and the world through our coach training programs as well as through our coaching.

Four Streams Coaching is committed to creating a coach-approach environment. Four Streams believes that through self-discovery powerful transformation occurs. Our collective individual WHY's, as well as our organizational WHY, intersect with the deep passion for helping more people to help more people on a truly transformational level. We know that every single person has purpose and meaning. We are driven to partner with students, coaches, and clients globally to envision, work towards, and accomplish their most meaningful goals. We also want to inspire people to help those around them accomplish their most meaningful goals. Ultimately, we want to help more people help more people with the highest standard of excellence.

Martin Seligman, the founder of positive psychology, states that the highest form of happiness comes when we know our signature strengths, reorient our lives to spend as much time as possible in those strengths, and use them in meaningful ways in service of something bigger than ourselves.